



Psychiatry: Karen Swartz, M.D., Baltimore, Md.

In 1998, Dr. Swartz founded the Adolescent Depression Awareness Program (ADAP), to educate high school students, their teachers and parents about the symptoms of depression and the risks of letting the condition go untreated. ADAP aims to reduce the stigma of depression and focuses on the importance of getting help. The program sends psychiatrists and nurses to high schools in the Baltimore-Washington area, carrying the message that depression is a treatable medical illness. Now, after expansion to Oklahoma and development of a training program for school personnel, ADAP is poised to become a national program. A respected psychiatrist, Dr. Swartz is director of Clinical and Educational programs at the Johns Hopkins Mood Disorders Center.